

# **YOUTH @ THE BAY**

**SOUTH LAKE YOUTH CENTRE (12-18YO)**

**ACROSS THE ROAD FROM THE BAY SHOPPING COMPLEX, NEXT TO THE SKATE PARK**



**FREE AFTER SCHOOL PROGRAMS  
STARTING TERM 2, 2010**



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>
<b>Hip Hop &amp; Street Dance</b> Free lessons with an experienced instructor. Bring a friend.	<b>Fit Life Gym</b> Free Gym sessions at Fit Life Gym, Cooranbong. (Free transport from SLYC included) <b>SYC Food for Fitness</b> Learn some tips to boost your game!	<b>Indoor/Outdoor Sports</b> Basketball, Soccer, Dodgeball, Table Tennis. Bring a friend.	<b>Guitar</b> Learn the basics on your road to rock and roll glory. <b>Arts and Crafts</b> Get creative with some fun art and craft projects.

Limited numbers

To secure your spot, visit South Lake Youth Centre (Please bring ID)  
Fishery Point Road, Bonnells Bay.

For more information email [youthworker@morissetmpc.org](mailto:youthworker@morissetmpc.org)